

### **The Appreciative Pause**

At least once in every discussion, the facilitator calls for a pause of about 1-2 minutes. During this time the only comments allowed are from participants who acknowledge how something said by another participant contributed to their learning.

- A question that was asked that suggested a new way of thinking.
- A comment that clarified something that until then was confusing.
- A comment that opened up a new line of thought.
- A comment that helped to identify an assumption.
- A comment that provided helpful evidence.
- A comment that identified a gap in reasoning that needed to be addressed.
- A comment that is intriguing and had not been considered before.
- A comment showing the connection between two other ideas or contributions when that connection hadn't been clear.
- An example that was provided that helped increase understanding of a difficult concept.