

## **Debriefing Activities**

### *Debrief/Reflection (20 minutes)*

In an large group, walk through each of the activities for the day and see what parts of each activity stuck out to participants. Provide prompt questions as needed.

### *Ball Toss Activity*

- Name 1 or 2 new things you learned about someone today in the group.
- Commit to learning 1 or 2 new things about someone in the congregation that is not present today.

### *Role Play Activity*

How can we take some of the skills, planning and awareness utilized in this activity and apply them to our planning within the church?

### *Accountability Groups (20 minutes)*

- Groups of 4. Participants will share about how they will apply what they learned to the church or their personal life.
- Share 2 things you're going to take from today's workshop and use in your church/personal life.
- Talk about how you will check in with one another to follow up on the things learned here today.
- Pray together.

From a project prepared by Linnea Ek  
Ministry with Adults